



Breastfeeding Friendly Child Care Centers: 10 Easy Steps

Suggested materials and resources to share with center

These materials can be presented in a messenger bag or folder:

- Self-Appraisal Questionnaire
- Resources
 - List of task force members available for assistance
 - Local breastfeeding professionals
 - Other community resources
 - Illinois Breastfeeding Law Poster & Cards
- Website listings for:
 - Posters
 - Brochures
 - DVDs
 - Multicultural items
- Breastfeeding websites: General
 - CDC Guide to Breastfeeding Interventions
 - Toolkit for Lactation Support Program
 - Workplace Breastfeeding Support
 - Business Case for Breastfeeding
- Other items
 - Recommended list of children's books (include a few children's books in bag/folder)
 - Window Cling "Breastfeeding Welcome Here"
 - Breast milk Storage Guideline Magnet – available from Noodle Soup